

# **Pennsylvania's 7<sup>th</sup> Annual INCREDIBLE Angel Food Cake Contest**

## **Hookstown Fair Press Release**

Hookstown, PA – The Angel Food Cake contest is returning to the competitive exhibit lineup at the Hookstown Fair this year. The INCREDIBLE Angel Food Cake contest, sponsored by Pennsylvania Egg Farmers and the Pennsylvania State Association of County Fairs, will be held on Tuesday, August 24.

Baking a cake is a very rewarding area of home cookery. There are two main types of cakes, butter and foam (egg-leavened). Angel food is the classic example of a foam cake. The cake is 100% fat free and, because of the eggs, is a good source of the highest quality protein, as well a source of choline, which is essential to memory and brain development.

Prizes awarded will be 1<sup>st</sup> place = \$25; 2<sup>nd</sup> place = \$20; and 3<sup>rd</sup> place = \$15. The winning cake will be eligible for competition at the PA Farm Show in January 2011, where the winner will receive \$500.00 for first prize.

When entering your cake, which must be made from scratch and using eggs produced in Pennsylvania, you must also submit the recipe.

Cakes will be judged on the following categories and percentages:

- 30% Flavor (smell, taste, flavoring)
- 25% Inside Characteristics (texture, lightness)
- 20% Overall appearance (surface, size, color)
- 15% Creativity
- 10% Topping, Icing or Decoration

If you have any questions, contact Traci Elliott at 724-573-9377 or Sarah Elliott at 724-573-6062.

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